



CUBA (CUB)

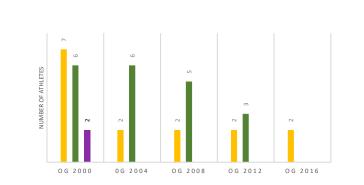
FEDERACION CUBANA DE NATACION



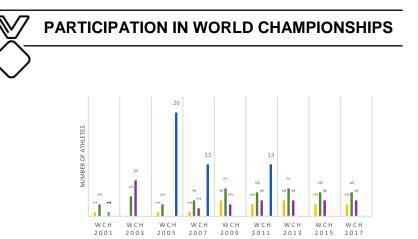


480

SWIMMING OPEN WATER DIVING HIGH DIVING WATER POLO



ARTISTIC SWIMMING

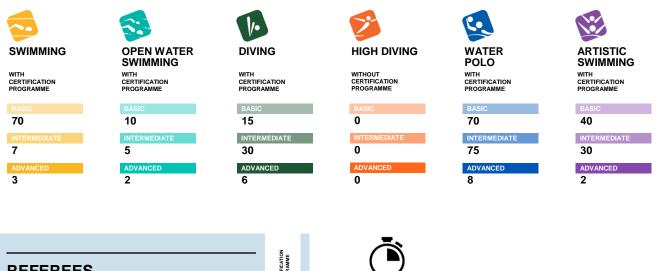


## ATHLETES CATEGORY

NON REGISTERED 100 50 0 0 0 0   AMATEUR 200 50 15 0 30 0   MASTERS 150 100 0 0 65 0   YOUTH & YOUNGER 80 10 40 0 270 450   JUNIOR (NOT AT ELITE LEVEL) 40 10 35 0 180 14   ELITE 23 5 16 0 72 16							
MASTERS 150 100 0 65 0   YOUTH & YOUNGER 80 10 40 0 270 450   JUNIOR (NOT AT ELITE LEVEL) 40 10 35 0 180 14	NON REGISTERED	100	50	0	0	0	0
YOUTH & YOUNGER 80 10 40 0 270 450   JUNIOR (NOT AT ELITE LEVEL) 40 10 35 0 180 14	AMATEUR	200	50	15	0	30	0
JUNIOR (NOT AT ELITE LEVEL) 40 10 35 0 180 14	MASTERS	150	100	0	0	65	0
	YOUTH & YOUNGER	80	10	40	0	270	450
ELITE 23 5 16 0 72 16	JUNIOR (NOT AT ELITE LEVEL)	40	10	35	0	180	14
	ELITE	23	5	16	0	72	16



### **COACHES INFOS**



REFEREES				
SWIMMING OFFICIALS	50	V		
OPEN WATER SWIMMING OFFICIALS	6	V		
DIVING JUDGES	35	V		
HIGH DIVING JUDGES	1			
WATER POLO REFEREES	30	V		
ARTISTIC SWIMMING JUDGES	45	V		

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#### **HIGH PERFORMANCE**

- > PERFORMANCE PROGRAMME
- > COUNTRY SUPPORT FOR ATHLETES
- > TECHNICAL STAFF PHYSIO / DOCTOR / STRENGTH & CONDITION / NUTRITIONIST / MENTAL COACH / OTHER
- > ANTIDOPING EDUCATION

#### NATIONAL COMPETITIONS



# **FACILITIES**

25M POOLS	5
50M POOLS	15
OTHER POOL SIZES	0
DIVING TOWERS	5
НРТС	2